

BEST CHIEF

Meet the Chef: Gabe Cheung



Born and raised in Monmouth County, New Jersey, Chef Gabe is a second generation American Chef born to Cuban immigrant parents. With heritage rooted in Chinese and Cuban traditions, his passion is driven by fusion and flavor.

From the humble beginnings working in a local pizzeria, Gabe discovered the thrill of working in kitchens and the comradery of being in a brigade. He is a graduate of Johnson & Wales University.

Chef Gabe has been the executive chef of the Essex County Club since April 2017. When he is not creating magic in the kitchen, Gabe is enjoying time with his loving wife, two beautiful children and their dog Rex.