



Community E-Newsletter

March 2023

We couldn't do it without you



Emma* has been coming into our Food Pantry consistently for about three years. She works full-time and cares for her elderly father and 11-year-old daughter. In a recent conversation with a Food Pantry staff member, Emma mentioned that her SNAP benefits will be cut by an estimated \$225 a month.

SNAP stands for the Supplemental Nutrition Assistance Program, formerly Food Stamps. It is a federal nutrition program that provides eligible residents monthly financial assistance to purchase healthy food and move towards self-sufficiency. Since March 2020, Massachusetts has utilized temporary SNAP Emergency Allotments, made available under the Families First Coronavirus Relief Act. Recent action by the federal government ended this extra benefit on March 2, 2023. The benefit reduction comes at the same time Americans are paying about 11.3 percent more for groceries than they did at this time last year, according to the Labor Department's most recent inflation report.

For many families like Emma's, this extra SNAP benefit made a difference in her ability to put food on the table. Along with a lower monthly benefit, our clients are facing rising food costs and inflation. "I really don't know what I'd do without Beverly Bootstraps," Emma said as she expressed her dismay.

With SNAP benefits, recipients can purchase fruits and vegetables, meats, dairy products, bread, and other items. However, significant limitations include hygiene items, diapers/wipes, soap, and toothpaste. Beverly Bootstraps strives to offer these essential items to our clients, knowing their necessity and costs. We need your help supporting families like Emma's and so many others like hers.

If you or someone you know is trying to make ends meet, [we are here to help](#). As we prepare for an increase in clients due to the end of extra SNAP benefits, we hope you will consider giving to our Food Pantry or donating [here](#).

*Name changed and stock photo used for client privacy

Exciting news

A Visit from Rep. Seth Moulton

At the end of February, we welcomed U.S. Representative Seth Moulton and his team. They learned about the programs and services we offer and then spent time volunteering with our Food Assistance team in our Food Pantry, and sorting donations. We were happy to host them and gratefully appreciated their helping hand!



Fun Day, Sunday Sale

Join us at [The Thrift Shop](#), located at 198 Rantoul St., on Sunday, April 30th, from 10:00 AM to 4:00 PM for our 3rd Annual Fun Day, Sunday Sale! Specially selected and unique items will fill the racks and shelves, providing a fun shopping experience! You can feel good about shopping because 100% of the net profits help fund the critical programs of Beverly Bootstraps.



How you can help

The Friendly Toast Fundraiser

[The Friendly Toast](#) is holding a fundraiser for Beverly Bootstraps until April 3rd! They will donate \$1 directly to us for every order of their Throwback Specials sold. Stop by any Friendly Toast location to dig into their specials while supporting Beverly Bootstraps. Eating out has never felt so good!



Food Pantry Needs

We are seeking the following items for our Food Pantry:

- Low sugar cereal
- Gluten Free Options from our [Top 10 List](#)
- **Canned** Tomato Sauce
- Baby Diapers (sizes 3+) and Adult Diapers (all sizes)
- Baby Wipes
- Paper Towels



We appreciate your support! Donations can be dropped off at our 35 Park Street office or placed in our Beverly collection boxes located at Stop & Shop (224 Elliott Street and 37 Enon Street), Shaw's (71 Dodge Street), or the Council on Aging (90 Colon Street).

Paper Bags Wanted

Our Thrift Shop and Food Pantry need paper bags and newspapers—plain or branded bags are both fine!

If you have any (or a lot) that you no longer use or need, please drop them off at 35 Park Street or our Thrift Shop on 189 Rantoul Street. Thank you!



Thank you!

We are Nuts About Bishop Fenwick!

The [Bishop Fenwick](#) Hockey Team held a Peanut Butter Drive and collected almost 300 pounds of peanut butter for us! They took a tour of our Food Pantry, and learned more about the other programs we offer. What an awesome team!



Beverly School Administrators Share the Love

[Beverly School Administrators](#) donated heart healthy items to our February Share the Love Food Drive! These items will help fill our Food Pantry, while keeping our clients supplied with nutritious food. Thank you for sharing the love with your community!



Beverly/ Salem Elks' Spotlight Grant

The [Beverly/ Salem Elks](#) awarded us with a Spotlight Grant for our General Operations. We are excited to utilize these funds to better provide our different programs and services. Your support allows us to continuously accommodate those in our service areas.



Happenings

Make an Impact with My Walgreens Cash Rewards

March 1 – May 31

Your local Walgreens branch

We're participating in the myWalgreens donation program! You can donate your myWalgreens cash rewards to Beverly Bootstraps through May 31. At Walgreens, you'll earn unlimited 1% Walgreens Cash rewards when you shop, and you can choose how much to donate. It's that easy. Whether you'd like to contribute \$1, \$5, or more of your Walgreens Cash rewards you'll be making a big difference. It really adds up!

A March Food Drive by the Neighborhood behind Henry's

Monday, March 6 –11

Neighborhood behind Henry's Market (Beacon, Clifton, Princeton, and Nursery Streets)

This food drive is part of a team effort by four students from Beverly High School, Essex Tech and St. John's Prep. Each student is doing a drive on their respective streets, and will be dropping off a brown bag, [our Top 10 list](#), as well as a personal note in each neighbors' mailbox asking them to be involved. We hope you will take part in this neighborhood-wide drive!

Earth Day Thrift Drive

Saturday, April 22

Beverly Bootstraps Thrift Shop, 198 Rantoul Street, Beverly

Earth Day is on April 22, and it's a perfect time to host a Thrift Drive. Gather your friends and family and help make a difference for the planet and your community. You contribute to sustainable living by recycling and donating your clothes, housewares, books, jewelry, and more. Give your "stuff" a renewed life rather than have it go into the landfill. Happy Earth Day!

Fun Day, Sunday Sale

Sunday, April 30, 10:30 AM – 4:00 PM

Beverly Bootstraps Thrift Shop, 198 Rantoul Street, Beverly

Join us at [The Thrift Shop](#), located at 198 Rantoul St., on Sunday, April 30th, from 10:00 AM to 4:00 PM for our 3rd Annual Fun Day, Sunday Sale!

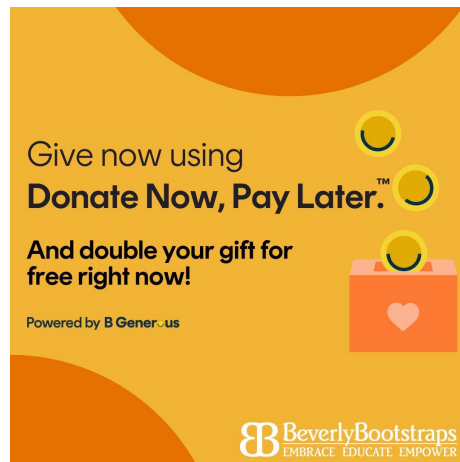
Specially selected and unique items will fill the racks and shelves, providing a fun shopping experience! You can feel good about shopping because 100% of the net profits help fund the critical programs of Beverly Bootstraps.

Save the Date: Boots and Blues

Thursday, June 1, 6:30 PM – 9:30 PM

Misselwood at Endicott College, 407 Hale Street, Beverly

Save the date for our premiere fundraising event of the year. Spend the evening dancing with friends or relaxing on the lawn and playing games while the sounds of the ocean and blues music fill the air. Throughout the evening, there will be several opportunities for you to show your support for Beverly Bootstraps and everyone we support across the North Shore! Click [here](#) for more information.



To learn more, click on these handy links:

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Events



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BB News



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