



## Community Newsletter

November, 2021

*How you've helped your neighbors in need on their road to self-sufficiency.*

**We couldn't do it without you**

### Fresh Fruits and Vegetables Promote Health and Nutrition

From July through October this year, our Mobile Market was up and running after being on hold in 2020 due to COVID safety concerns. Thanks to the support of [Beverly Hospital, a member of Beth Israel Lahey Health](#) and the [Brace Cove Foundation](#), our clients were thrilled to see our return and the feeling was mutual. Beverly Bootstraps' Mobile Market is a free farmer's market that offers fresh fruits and vegetables to promote better health and nutrition to low-income households. This summer, residents of Apple Village and Turtle Woods/Creek Apartments enjoyed fresh produce delivered right to their neighborhood.



Tonya\*, one of Food Pantry clients, has been taking full advantage of the fresh produce and trying new things. Recently she was able to pick up some locally grown squashes, zucchinis, and apples that were generously donated to us from a local farm. The next time she visited she excitedly told our staff that she had used this produce, along with staple items she picked up from our food pantry, to make a meal for 9 and a delicious batch of apple zucchini muffins.

The 2021 Mobile Market season distributed 11,763 pounds of produce and welcomed 1,364 shoppers. The overwhelming feeling from our clients is that they truly appreciated having access to all the fresh produce and enjoyed

trying new meals with what they received. Thanks to our donors, Tonya, and other families like hers, ate healthier this summer, expanded their palates, and alleviated some of the struggles of finding enough wholesome foods to eat.

\*Name changed for privacy

[Support families in need ▶](#)

## Exciting news

### Going Further to Assist Clients

We now have over-the-phone interpretation services here at Beverly Bootstraps! Our staff can access interpreter services over the phone by using a 3-way call if the client is calling in or staff can call and reach a live translator anytime a client is in person. Already our Food Pantry has used the services with much success. Translators are able to identify and translate any language. This is just another example of how we are moving forward to better assist our clients.



## How you can help

### Help Make a Child's Holiday with our Adopt-a-Family Program

Many families in our community are not able to purchase presents for their children. Through Beverly Bootstraps' Adopt-a-Family program, donors can help these children receive new clothes, games, or toys.



[Adopt-a-Family this holiday by clicking here >>](#)

If you are interested in participating and there are no more family profiles available online, please email our Development Coordinator at [dploszay@beverlybootstraps.org](mailto:dploszay@beverlybootstraps.org). We are always receiving new requests for holiday assistance.

[Learn more about our Adopt-a-Family Program and read our FAQ's >>](#)

### Volunteers Needed!

Are you looking for a way to give back to your community? We currently have volunteer opportunities available, including options for volunteers who wish to limit their contact with others in a safe environment. More information can be found on our [website](#) or by emailing our Volunteer Coordinator



## Thank you!

### Election Day Food Drive Fills Shelves

Thank you to the [Beverly Citywide PTO](#) for organizing and hosting another successful election day food drive. Our generous community showed their support and donated 1,118 pounds of food to our pantry!



### A Full Feast Thanks to our Community and the Greater Boston Food Bank



This year, the generosity of the [Greater Boston Food Bank](#) has allowed us to once again offer gift cards to our Food Pantry clients to purchase a turkey (or protein of their choosing) this Thanksgiving. These gift cards will accompany our 500 Fixin's for the Feast bags that our community donors are providing!

### Having fun and doing good things!

[SPUR](#) makes volunteering easy by providing highly curated experiences to give back to neighboring communities. Committed to cultivating a Community of Doers, their volunteer opportunities are flexible and open to volunteers of every age.



They recently collaborated with the [Epstein Hillel School](#) to decorate and fill snack bags for children in need in our community. We love when kids have fun while working to help others!

## Happenings

### The Castle Retail Sale and Used Game Auction

**Saturday, November 20, 10 am – 12 pm**

**The Castle: A Board Game Cafe, 240 Rantoul Street, Beverly**

Kick-off your holiday shopping with a great event at [The Castle](#) to benefit Beverly Bootstraps! New games and other merchandise will be sold at a discounted price, used games from their collection will be sold at bargain prices, and there will be a used game auction. [Click for more information >>](#)

### Beverly Bootstraps Thrift Shop Black Friday Sale

**Friday, November 26, 9:30 am - 1 pm**

**Beverly Bootstraps Thrift Shop, 198 Rantoul Street, Beverly**

Enjoy 50% off the entire shop on Friday, November 26 from 9:30 am – 1:00 pm.

### **Beverly Recreation Toy Drive**

**Saturday, November 27, 10:00 am - 2:00 pm**

**Lynch Park, 55 Ober Street, Beverly**

Bring an unwrapped toy to Lynch Park on November 27 from 10:00 am – 2:00 pm and receive an elusive 2020 Lynch Park Parking sticker. Toys will be given to our Adopt-a-Family program. For more information, [click here >>](#)

### **Beverly Holiday Parade and Food Drive**

**Sunday, November 28, 1:00 pm**

**From Beverly High School, down Cabot Street, to Beverly Depot**

The Beverly Holiday Parade is back! We have participated for the last 13 years and the First Baptist Church has been collecting for us for over 25 years. For more information, [click here >>](#)

### **Beverly Bootstraps Thrift Shop "Simply the Best" Sale**

**Sunday, December 5, 10 am - 4 pm**

**Beverly Bootstraps Thrift Shop, 198 Rantoul Street, Beverly**

Shop from specially selected donations including clothing, accessories, and a variety of home goods. If you miss this shopping day, you will miss a lot! (Face covering required; limited capacity)

### **#GetOneGiveOne Gingerbread Houses**

**Month of December**

**Taste Buds Kitchen, 131 Rantoul Street #3, Beverly**

We are excited to partner with Taste Buds Kitchen again for their #getonegiveone Gingerbread House campaign! Local families who register for a TBK signature Gingerbread House workshop this December will have the option to gift a house to a local family in need. Taste Buds Kitchen will package the houses and decorations and deliver them to Beverly Bootstraps who will coordinate the distribution. [For more information, click here or call \(978\) 969-6088.](#)

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**To learn more, click on these handy links:**

**Volunteer** ▶

**Host a drive** ▶

**Events** ▶

**Visit our site** ▶

**Contact us** ▶

**BB News** ▶

Beverly Bootstraps has always been committed to social justice. Helping people who might not have their basic needs met or an opportunity to avail themselves of education, for whatever reason or life story, is at the core of our mission.

We proudly serve, work with and employ individuals regardless of race, gender, age, sexual orientation, religion, or nationality. Further, we ask our community and world to do better and work towards justice and equal opportunities.

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